

UK financial wellbeing calendar 2022

The following calendar includes a wide breadth of some key personal finance moments in the UK that you may want to factor into your financial wellbeing programme for the year ahead. We have also included social awareness campaigns that take place throughout the year, like Stress Awareness Month and Talk Money Week.



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When	What's happening	Key audience	Things to think about
2 Jan	Annual train fare increases	Commuters	The annual increase is yet to be confirmed due to the abandoned rail plans. This is still a prime opportunity to promote season ticket loans.
17 - 23 Jan	Big Energy Saving Week	Everyone	Helping people cut their fuel bills and educate them on their energy usage, as well as helping them to get any financial support they are entitled to.
31 Jan	Self-assessment deadline (online)	High/ additional earners - globally mobile / self-employed	How can you educate high and additional earners on the key actions they need to take beforehand.
3 Feb	Monetary Policy Committee (MPC) interest rate announcement	Everyone	
March	Free Wills Month	Aged 55+	A month for those aged 55+ to have a simple will written or updated free of charge by a participating solicitor.
March	UK Budget announcement	Everyone	Key legislative changes affecting personal finances in the UK. Date to be confirmed.
1 March	New 2022 vehicle registration plates available	Vehicle owners	Vehicle owners
17 March	MPC interest rate announcement	Everyone	Everyone
21 - 28 March	Debt Awareness Week	Everyone	Destigmatising debt - helping people feel comfortable asking for the help they need, and ease any worries they may have about being judged, or feeling ashamed or embarrassed when it comes to debt.



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April	Stress Awareness Month	Everyone	Poor financial wellbeing is a leading cause of stress
1 April	National minimum wage increases to £9.50	Low earners aged >23	
3 April	3.1% rise in statutory parental pay rates	Parents	
5 April	End of tax year (21/22)	Everyone	Encourage your people to use their allowances and make the most of Salary Sacrifice (if available).
6 April	Start of the new tax year (22/23)	Everyone	National Insurance increases. What does this mean for your people and how will they be impacted?
6 April	Child based universal credit increases	Parents	
6 April	National Insurance (NI) increases and rise in threshold	Everyone	NI is something that goes out of pay checks every month but do your employees fully understand it and how this impacts their take home salary
6 April	Health and social care levy starts	Everyone	A 1.25% tax on earnings for employees, the self-employed and employers
6 April	Dividend tax increases	Company shareholders	
6 April	Student loan repayment threshold increases by £200	Parents / mature students	
11 April	State pension increases by 3.1%	Age > 66	Most DWP benefits will also increase by 3.1% at the same time, like Pension Credit and Attendance Allowance.
11 April	Universal credit increases by 3.1%	Lower earners	



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11 April	Carer's allowance	Carers	This allowance can really benefit your people that may be caring for someone. Do they know that this support is available? What other benefits and support are you offering to your people who may be caring for others?
5 May	MPC interest rate announcement	Everyone	
10 - 16 May	Mental Health Awareness Week	Everyone	Money is a huge influencer on our mental health
31 May	P60/P11Ds issued	Everyone	P60's should be issued to all employees by this date, along with filing P11d forms with HMRC.
6 - 12 June	Carers Week	Carers	Some of your employees may be a carer/ key dependent. Promote the support/benefits available for those people, such as unexpected care leave, Carers/Family networks, financial wellbeing support.
16 June	MPC interest rate announcement	Everyone	



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31 July	Deadline for 2nd Self- Assessment tax payments for tax year 2021 / 2022	High / Additional earners - globally mobile / Self employed	
4 August	MPC interest rate announcement	Everyone	
4 August	Cycle to Work Day	Commuters	Promote your Cycle to Work scheme
September	Will Relief Month, Scotland	Scottish residents	For Scottish residents, this month they can have a simple will written or updated free of charge by a participating solicitor.
September	New academic year commences (August for Scotland)	Parents / guardians	Some of your employees may be a carer/ key dependent. Promote the support/ benefits available for those people, such as unexpected care leave, Carers/Family networks, financial wellbeing support.
1 September	New 72 car registration plates available	Vehicle owners	
15 September	Self-assessment registration deadline (online)	High / Additional earners - globally mobile / Self employed	
15 September	MPC interest rate announcement	Everyone	
15 September	Pensions Awareness Day	Everyone	Educate your people on your pension scheme and how they can make the most of it.



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When	What's happening	Key audience	Things to think about
October	Free Wills Month	Everyone	A month for those aged 55+ to have a simple will written or updated free of charge by a participating solicitor. Will aid will also be available for everyone else.
October	Autumn Budget announcement	Everyone	Key legislative changes affecting personal finances in the UK. Date to be confirmed.
10 October	World Mental Health Day	Everyone	Money is a huge influencer on our mental health. Promote the support/benefits available for employees.
31 October	Self-assessment registration deadline (Post)	High / Additional earners - globally mobile / Self employed	
3 November	MPC interest rate announcement	Everyone	
7 - 11 November	Talk Money Weeks	Everyone	Encourage people to have open conversations at home and in the workplace.
11, 25, 28 November	Singles Day, Black Friday and Cyber Money	Everyone	Protecting shoppers from latest scams and how to shop safely online.
15 December	MPC interest rate announcement	Everyone	
December	Seasonal early payday	Everyone	Educate people on how to make December's pay last longer and utilise other benefits to save money.